



Online safety guidelines

# STRONG PASSWORDS

Quick tips for creating and saving your online passwords

## ADD VARIETY

Use uppercase, lowercase, characters, and numbers.



## DON'T RECYCLE

Don't use the same password for all of your accounts.

## DON'T USE PERSONAL INFORMATION

Avoid using birthdates or names from your loved ones.



## MAKE IT LONG

Use passwords longer than six characters when possible.

## CHANGE OFTEN

Make sure to review your passwords and change them frequently.



## USE A MANAGER

Password management apps and sites can help keep track.



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